

General Guidelines:

- Respitality is designed to offer parents and caregivers a meaningful opportunity to rest and recharge and step away from caregiving duties.
- Respitality offers two different types of support to meet different caregiver needs:
 - Hotel stays
 - Date Nights (includes self-care experiences)
- Requests are reviewed and fulfilled based on availability in the order they are received.
- Submitting a request does not guarantee support.
- At this time, families are limited to one respitality request per fiscal year (July – June).

Eligibility:

- Respitality is for parents or primary caregivers who are raising a child or young adult with cerebral palsy or another disability in their home.
- Families must be previously connected with the UCP Family Support Department.

Hotel Guidelines:

- A hotel stay includes one (1) night's lodging for one or two people at participating hotels (not intended for family use).
- Parents will receive a gift certificate up to \$250 to cover the cost of their stay.
- Hotel gift certificates may not include all hotel costs and may not cover items such as parking, breakfast, or other fees.
- Hotels may require a valid credit/debit card to hold the room and to cover any incidental charges.
- All reservations, cancellations, and rescheduling are at the discretion of participating hotels.

Date Night Guidelines:

- Your choice of one (1) certificate valid for a date night or self-care experience, which may include gift certificates for dinner, entertainment, spa, or other related experience based on the current availability (not intended for family use).
- All reservations, cancellations, and rescheduling are at your discretion. Once the gift certificate has been sent to you, it is your responsibility to abide by the guidelines or restrictions listed on the gift certificate. Certificates that expire in your possession will not be replaced.

Parent Responsibilities:

- Read and review Respitality Guidelines.
- Notify the Family Support Department when your Respitality has been completed.
- After your Respitality has been completed, we will share with you contact information for the hotel or business to send a thank you note to. We ask that you send a thank you note within 2 months.